

ADULT QUESTIONNAIRE

Please mark Y/N for yes/no and underline the specific items that apply.

Name:

Date of Birth:

Address:

Post code:

Tel and mobile:

Email address:

DEVELOPMENTAL & HEALTH SECTION

1. Do you know if your birth was unusual in any way? Early/late/quick/slow labour/forceps/caesarean etc.
2. Do you have/did you have any health problems?

VISUAL SECTION

Have you had any eye examinations with an optometrist or optician in the last 5 years? If yes, approximately when?

Do/did you wear glasses?

Do you know your prescription? R: _____ L:

VISUAL SIGNS AND SYMPTOMS (Are any of the following noticed when reading?)

1. Tiredness or sleepiness

Blurring of print

Doubling of print

Watery or red eyes

Headaches

6. Pain around your eyes

7. Excessive rubbing or blinking of your eyes

8. A need to move very close to the page

9. Avoidance of reading because of any of the above?

Do you ever experience the following when reading or writing?

1. Skip or re read words/lines or phrases
2. Use a finger/marker when reading

3. Lose your place often when reading
4. Repeatedly omit "small" words?
5. See letters/lines "floating" "running together" or "jumping."
6. Do you find certain lighting conditions irritating?

Underline any of the headings listed below which are of concern to you.

handwriting skills	mathematics	general co-ordination/sport	
reading speed concentration	reading comprehension	listening	
spelling skills	speech	energy levels	copying

Please use the space below to detail any other specific vision related information or details of any tasks that you feel may be causing eye stress. Please Email this questionnaire back to us at Dominic Tunnell prior to your appointment. Thank you.

Please bring your glasses and/or contact lenses to your appointment. Thank you.

Katrina Turnbull - Behavioral Optometrist (BSc Hon's) & Educational Kinesiologist
Assessment of filtered/ coloured lenses and Overlays for Visual dyslexia

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